

Good Gifts

Catalogue Gifts that really count

Rachel And Tony's Wedding List WL1083

ABOUT THIS WEDDING LIST

Please find below the gifts that Rachel and Tony have suggested as an alternative to conventional present-giving. The principle of the Good Gifts Catalogue is new. And radical. Whilst our Good Gifts ideas amuse and entertain, in practical terms they sustain, support and offer hope. They educate, facilitate and alleviate. Beautify, conserve, nourish and commemorate. You know exactly where your money goes. And all our gifts carry the identical guarantee: they are always wanted. Buy a gift for people in need as a wonderful way to celebrate Rachel and Tony's wedding!



INSTRUCTIONS FOR USE

After you have chosen your gift, log on to www.goodgifts.org, or phone 020 7794 8000, and place your order. We will then send Rachel and Tony a gift card acknowledging your "Good Gift". Don't worry about the shipping address - we have Rachel and Tony's details.

Please remember to quote "WL1083", or "Rachel and Tony" to the person taking your order. If ordering online, simply type "WL1083" into the Comments box, along with your message.

3005 - BABY PARCEL £25

Welcome new arrivals-in-need with the basic kit every baby needs: nappies, cream, soap, washing powder and a blanket to keep baby bottoms soft, warm and dry. How much? £25

3007 - BIRTHDAY PRESENTS £20

4008 - CHRISTMAS PRESENTS £20

Raise smiles by providing birthday and/or Christmas presents where little or nothing was expected. £20 buys delight and diversion for 1-10 year olds in poor families.

3010 - BIKES FOR MIDWIVES £30

If a midwife in Ethiopia owns a bike, she's able to visit more villages. Unfortunately, for many new-born little Ethiopians and their mums, too many midwives lack cycle mobility, so, considering the local current price of a bicycle (£30) and its life-improving qualities for far-flung villagers, we couldn't deliver a better bargain.

3012 - SPRING FLOWERING plant a spring flowering tree £15

3014 - SILVER BIRCHES plant a cluster of silver birches £45

3015 - AUTUMN COLOUR plant a grove of autumn colour trees £72

Can you think of a better way to mark life's milestones than putting down root? In a single planting, you enrich the environment and improve the landscape for years to come (perhaps that's why it remains the most appropriate celebration of anyone who loves, or who has loved, life). Plant trees in streets, parks and public places to share your pleasure. A tree that flowers in spring. A striking wedding present? A spring birthday? Only £15. A cluster of silver birches as a thoughtful Silver Wedding present? £45. Brighten dark days with a grove of autumn colour trees £72.

3016 - A DAY'S HOLIDAY £25

3017 - A WEEKS HOLIDAY £175

3018 - A WEEKS HOLIDAY FOR A FAMILY OF 4 by the sea £700

You could give a hard-pressed family the break it hasn't had for years. A holiday at the seaside costs from £25 a day per person and, if you'd like to sponsor lollies, ices and pocket money, that's £25 for the whole family for the week. Sand between the toes is free.

3020 - FRIDGE to equip a needy family £125

3021 - COOKER to equip a needy family £160

3022 - WASHING MACHINE to equip a needy family £230

Think what a chore life would be without domestic appliances. Trouble is, they're unaffordable to many families in need. Your generous intervention, however, can equip needy families with fridges from £125, cookers from £160, and washing machines from £230.

3023 - MILK BILL £20

Milk puts calcium into growing bones. Your £20 buys a couple of pints a day for a month for families on low income, making sure that youngsters enjoy good nutrition. Cheers.

3025 - ENTIRE AUDIENCE films for hospital patients £250

Custom-designed for hospital patients, a special cinema shows films to people in beds and wheelchairs. £20 pays for a patient to see 4 movies. £250 covers the costs for the entire audience. Popcorn's extra.

3028 - MUSIC LESSONS	£35
3029 - BAND PRACTICE	£20
3030 - MUSIC WORKSHOP	£12
3031 - CLASSICAL MUSIC	£25

Enjoying music, learning an instrument, and making music together are fun. Help more children enjoy the experience. £25 buys a day at a music workshop to hear classical music and a trial run on the violin or cello. £35 buys 10 woodwind or brass lessons per youngster. £20 pays for a teacher to rehearse one session with a band (of up to 70 children). And one-day music workshops, offering band experience plus performance, cost £12 per child per workshop day.

3032 - LIT KIT	£15
4017 - REFUGE LIBRARY	£95

It's never too soon to help book-shy youngsters into reading. Equip them with the joy of owning books. The Lit Kit: a trio of books chosen by the recipient, plus a bookmark, name stickers and a drawstring bag to keep them safe. £15. And here's an idea for truly magnanimous givers: women's refuges are in sore need of children's libraries. How much? Your generous £95 provides a valuable resource.

3033 - BIKE REPAIR SHOP	£95
3034 - CARPENTER'S SHOP	£85
3035 - TAILORING BUSINESS	£75
3036 - PLUMBER	£65

Tanzania, Uganda, Sierra Leone, Mozambique and Zimbabwe need more small businesses to reinforce the backbone of their economies. Unwanted tools are collected in the UK, reconditioned and given a new lease of life in Africa. Choose your trade! All the tools for a bicycle repair shop (it'll employ several people and keep the population mobile) for £95. Kit out a carpenter: £85. Set up a car repair shop £80. A pair of reconditioned sewing machines to open a tailoring business (run by women to make school uniforms): £75. And we can even equip a plumber for £65.

3038 - CHICKEN & EGG	£30
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Eager to provide employment for school-leavers with learning disabilities, a community group in Kenya is hatching a chicken and egg business. But which comes first? Your gift: 15 chicks, complete with food, for £30. Chickenfeed really, when you realise how helpful you've been.

3047 - VILLAGE LIBRARY	£1,200
3048 - BOOK GRANT	£125
4021 - NEWSPAPERS	£45

In India, where so many villages are book-free zones, immortality beckons benefactors. If you want to establish a literary base by endowing a library, or make a suitable tribute, the cost is £1,200, including furniture, books and librarian's salary (easy terms available). If you'd like to expand an existing library with a grant of 100 books, £125. And if you'd like to spread the news, £45 buys a year's newspaper subscription. A selection of magnanimous gestures, each speaking volumes.

3053 - ALLOTMENT EQUIPMENT	£110
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What a break for homeless people: an allotment plus all the necessary rent, seeds, wellies, tools, transport and limitless fresh air to make a fertile patch for veg, fruit and flowers to eat, sell or share.

3054 - KITCHEN KIT £50
3055 - BEDROOM KIT £55

Good news? A young homeless person gets first bedsit. Better news? You supply the basic elements that make it Home. A kitchen kit of saucepans, kettle, crockery and cutlery costs £50. A bedroom kit comprising pillows, sheets, duvet, curtains and radio cost £55. The change is total. The effect is priceless.

3062 - ELECTRIC & GAS BILL £80
4024 - WARM SLIPPERS £15

Old people, wary of heating bills, sometimes turn down the energy and put themselves at risk of hypothermia. Why not help alleviate winter's chill by financing a comfy pair of slippers for only £15. Or go further by offering to absorb energy costs and ensure someone a cosy winter for only £80. Either action is guaranteed to make you feel warm all over.

3064 - WATER PUMP £175

How much do you think it costs to provide clean, safe water for the everyday needs of a village of 250 people? £175 buys a sturdy pump that does the job very efficiently. The enthusiastic chorus of grateful thanks is included in the price.

3065 - SOLAR LIGHTS £150

The lack of lighting in Indian villages means paths are fraught with obstacles from rocks to snakes and school homework remains undone. Solution? Convert free copious Indian sunshine into solar lighting, instilling confidence, reducing accidents, completing homework, and increasing literacy. All that for £150 per lamppost.

3071 - FISHWIFE'S BUSINESS £20

Splash out and help improve the lives of fishing communities in South India. £85 buys a sea-worthy boat. £45 buys new fishing nets. £20 can set up a fishwife in business, selling and processing fish. And you enable them to harvest a living (as well as dinners) from the sea for years to come.

3073 - CHILDREN'S RECREATION KIT for disaster aftermath £215

Q: How can children suffering the aftermath of war or natural disasters keep occupied, exercised and alert?

A: our Recreation Box, crammed with football, volleyball, handball, skittles sets, team strips, chalk and measuring tape to mark play areas. Price? £215. Even including a ref's whistle.

3075 - SAVE A BLUEBELL WOOD £50

Dormant bluebells, choked by forest debris, fail to flourish. Clean up and let the bluebells regenerate. The magic blue carpeting arrives with spring.

3076 - GRANNY'S HAIRDO £25
4019 - GRANNY'S SPECTACLES £50

From the top: do you know how little it costs to boost the esteem of an elderly lady? Well, an excursion to the hairdressers for shampoo, cut and set, or a perm, sets you back £25, or a pair of new spectacles £50. And it all makes her feel like a million dollars.

3077 - GOATS FOR PEACE £15

Repair the ravages of war by giving a goat. But no ordinary goat: this is a revolving goat. Where communities are slowly rebuilding themselves, a revolving goat (with the aid of a revolving ram) starts families. Kids go to restock families without goats. And so on. A goat is a milk and fertiliser factory and goes a long way to improving the local diet, a four-legged step towards self-sufficiency. Your £15 can buy a fine goat for a grateful family. And it really helps.

3078 - PEACE & QUIET £15

Northern Irish Protestants and Catholics. Arabs and Israelis. All the parties in the former Yugoslavia! In attempts to reduce hostility, numerous projects exist in the world's tinder boxes to counter prejudice and promote understanding. Every pound you give helps to bring communities together. And every penny invested is worthwhile. A moment's peace £15.

3081 - MEADOW OF FLOWERS £20

When a bunch of flowers does not seem enough, you can buy a whole meadow full for only £20. Your gift helps to regenerate meadowland for everyone to enjoy, and creates a playground for bees and butterflies.

4002 - A HIVE OF BEES £20

4003 - 2 HIVES PLUS TOOLS AND TRAINING £55

4004 - ESTABLISH A BEEKEEPING CO-OPERATIVE £250

In developing countries, honey's a popular source of nutrition (particularly when other foods are scarce). Our 'box hive' (only £20 abuzz with bees) occupies minimal space and is a welcome source of income to a poor, landless family. Needing no encouragement, the industrious inhabitants produce 10 times more honey than in traditional bark hives enabling a single hive to earn enough for a child's schooling.

4005 - BIKE FOR A PARA-VET £30

4006 - BAG OF MEDICINES £45

4007 - PARA-VET TRAINING £250

Rural communities in Somaliland, Kenya, Mozambique and Tanzania are dependent on their livestock. Help the prosperity of rural communities by training and equipping a 'para-vet' who can spread expertise across rural villages and ensure the welfare of cows, sheep, goats, donkeys and chickens. The costs: training a para-vet £250; his bagful of medicines £45; a bike (crucial, given the distances) £30.

4009 - PAIR OF BEECH TREES £40

4010 - TEN BEECH TREES £200

Keen on carbon balancing? A single mature Beech tree provides enough oxygen for 10 people. In other words, take a deep breath, spend £200 and help 100 people breathe purer air for generations to come (on average, the next 5 generations of your descendants).

4011 - CAMEL £100

In hostile environments, you're better off with a camel. Nomadic pastoralists who eke existences by following the rain through Ethiopia, Somalia and Somaliland depend on them for food, transport and income. That's because camels shrug off drought and plod on through sandstorms. They're also mobile storehouses of milk, muscle, transport and wealth. Males live to 26 years, females even longer and produce little camels up to 17 times in a lifetime. How much? £100 each (cheaper than a 4-wheel drive and much more valuable).

4012 - SEED & FEED £15

Under the watchful eye of a subsistence farmer, 25 kilos of millet seed costing £5 can provide enough grain for a family for a year, and they can save enough seed for planting next year's crop. So your £15 provides the staple diet for three families. Isn't that a seed worth sowing?

4014 - THE ORPHAN'S DOWRY £25

Extended African families, often very poor themselves, take in orphans. Help the orphans become a gain not a drain: give a 2-goat dowry (at a cost of only £25) that remains as long as the orphan stays with the family. The gain? Milk for everyone, and the opportunity to build up a flock of goats. In conditions unsuitable for goats, the dowry could be chickens (£25) or bees (£25).

4015 - A DONKEY FOR DEVELOPMENT £25

4016 - DONKEY PLOUGH £25

In rural Sudan (where women are the most common beasts of burden), the Donkey Bank provides lifelines. A family can borrow a multi-tasking donkey. It provides basic transport. It's an ambulance to carry sick people to hospital. It can carry more animal fodder and twice as much water as a human. And, it can draw a specially designed plough that turns unproductive land into farmland. Costs? For only £25, a hard-pressed family is loaned a donkey, gets training in donkey-care and regular supervision by experienced vets. A further £25 buys the special plough.

4020 - SCHOOL PACK £35

Although school and schooling are the crucial elements to improve the lives of poor children in Africa, the relatively modest cost of uniform, fees and books is too burdensome for poor families. Result? Few poor boys and virtually no girls will be able to attend. Our solution? Produce £35 and, hey presto: a youngster is equipped with our School Pack comprising the necessary uniform, notebooks, books, pencils, fees, satchel etc. The magic carpet to a better future.

4022 - AVERT THE CHOCOLATE SHORTAGE £20

Help beleaguered cocoa farmers in Grenada, West Indies. The past decade has seen cocoa commodity prices slide, ruining livelihoods and leaving farms undefended against pests and disease. Change it all by encouraging growers to produce and market the more desirable premium cocoa. Your £20 gift will nurture cocoa plants, encourage cocoa dancing (did you know that cocoa pods are crushed like grapes?) and invest in chocolate processing. Result: invigorated cocoa farms, better-rewarded growers and a conscience forever unruffled.

4025 - BIKE FOR CHRISTMAS £45

Give a child-in-need a bike for Christmas and the invisible extras are self-reliance and extended horizons. Your gift of £45 (including a Cycle Proficiency test) can alter a personal world and wheel in better circumstances.

4026 - RAINWATER TANK £75

In many parts of the world water is scarce. The rainy season passes in a trice and many hours must be spent laboriously fetching water. Gutters and pipes on a family house capture as many precious drops as possible, channelling them into a 5,000 litre ferro-cement tank. Judiciously used the safe clean water can help a family through the dry season. At £75, you'll be refreshing the lives of many people.

4027 - PREPARE THE GROUND	£20
4028 - TRIO OF FRUIT TREES	£30
4029 - BUDDING HORTICULTURALIST	£75

In Addis Ababa, Ethiopia, two problems have a mutually beneficial solution. The problems? A growing population of jobless, homeless young people and a number of wasteland eyesores. The solution? Train the teenagers to transform the sites into community orchards. The result? The fragrant blossoming of Addis and productively occupied youngsters harvesting bananas, lemons, avocados, oranges and papayas. The community orchard: £20 prepares the ground for the trees, buy a trio of fruit trees for £30 or train and equip a budding horticulturalist for £75.

4030 - WORM KIT	£45
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With our special kit, the ever-so-humble worm can exercise its muscle and make organic fertiliser that (a) improves the productivity of trees and crops and (b) replaces chemical fertiliser. For only £45, you can equip an Indian village with a start-up kit (sizeable container including ravenous worms). At a stroke, you could perform an affirmative eco-act (or even castigate someone's worm-like action).

4031 - CHICKEN BANK	£20
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For villagers in South India, owning a chicken is like insuring against a rainy day. Free-roaming country chickens forage for themselves. Eggs are left to hatch to supplement the flock (and some eggs supplement the family's diet). At night they require protection from ravenous hyenas, foxes, civet cats and mongooses. In districts where doctors accept payment by fowl, 2 chickens provides the annual health insurance for a whole family. How much? £20 buys a snoop-proof coop and 5 live chickens.

4033 - 2 PAIRS OF SHOES	£15
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In Zambia, Zimbabwe and Ghana, barefoot children risk hookworm infestation that can retard physical and mental development. We offer a double duty solution: stimulate local trades by commissioning cobblers to make shoes for the children of Africa and save their soles. £15 buys 2 stout pairs of shoes.

4034 - WEDDING GROVE	£350
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Dreading rows of toasters? Avoid the headache of unwanted presents by taking the opportunity to share your joy courtesy of the Good Gifts Catalogue. List the Good Gifts you'd like given in your name. Or ask for contributions to a wedding grove. Three hundred native trees underplanted with bluebells and primroses: the biggest wedding bouquet in the world. See back page for more details.

Please phone 020 7794 8000 if you have any queries.